

REDBOOK

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for you

Secret thoughts from married guys

You have no idea what's on page 103

Salma tells all

including her genius anti-aging trick! p. 130

EAT TO LOSE WEIGHT

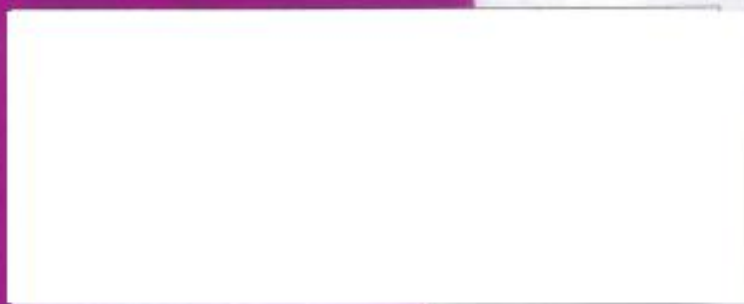
and don't skip dessert!

MUST READ:

A TOWN TORN APART BY SEXTING

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8 outfits every woman should own



1 DREAM ROOM

"I like bedrooms to be simple and calm," says designer Katie Ridder, whose own bedroom, pictured here, appears in the new book *Katie Ridder Rooms*. We say: She nailed it!

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5

Designer tips

- 1 Call out architectural details with a stripe of paint. It's simple: Position two pieces of tape so there's a space between them (keep the same width for all walls) and stroke your brush down the middle.
- 2 Love a certain fabric? Use it for the shades and to cover an old chair. "In this case, I couldn't get enough," says Ridder.
- 3 Don't limit yourself to buying sheets in sets. Mixing patterns and textures lets you create a unique look.
- 4 There's enough color in the details, so anchor the room with a neutral rug. It'll let everything else pop.
- 5 Go ahead, get a little mod! A wall sculpture like this one adds space-age chic to the otherwise traditional fireplace, paintings, and rustic basket.

19 REAL IDEAS

This is what bedroom fantasies are really made of: gorgeous colors, lush patterns, and tropical accents. But the best part is, you can have it all for less.



1

3

4

Get this
chic look,
no sticker
shock!

DREAM ROOM



Mix your moods! **Funky** pieces of **coral**, leafy fabrics, and a sleek sculpture give a **comfy** space some quirkiness.

- 6 **Vintage-y bedside tables** add a delicate touch. Dessau Home antique gold bamboo table, \$281; bellacor.com.
- 7 **These little red dots** look so cute folded over your comforter. Chelsea Berry queen sheet set, \$225; blisslivinghome.com.
- 8 **Tuck your bedding** around your mattress to show off the fancy velvet upholstery of this bed. Shirred headboard queen bed, \$600; lampsplus.com.
- 9 **How to dress up a lamp:** Just add a shell finial. Easier than screwing in a lightbulb! Rose Pectin sea shell finial, \$12.99; lampsusa.com.
- 10 **Brass wall sconces** open up space on your bedside tables. Chelsea swing-arm sconce & shade, \$99; potterybarn.com.
- 11 **A fan of coral** is cheaper than typical art and brings out the room's accent color. (It's also harvested according to ecological guidelines, so no guilt!) Natural sea fan, \$22; seasideinspired.com.
- 12 **Put a big basket** to work storing firewood, slippers, or magazines. Provence market basket, \$35; ballarddesigns.com.
- 13 **Look like you spent hours antiquing** with this (new) framed print. *Le Port De L'Orient, 1890* framed print by Henry Moret, \$150; art.com.
- 14 **Use a pretty fabric** for your shades to give your room an extra hit of pattern. This one's made to withstand sunlight. Smart! P Kaufmann indoor/outdoor fabric in Hip Floral Sorbet, \$10.98 per yard; fabric.com.
- 15 **The Suzani design** on this pillow cover is gorgeous and exotic. Suzani cushion cover #SP179, \$39.60; uzbek-craft.com.
- 16 **The perfect seat** to read a book in peace (though you might need to lock the door first). Demi stationary occasional chair, starting at \$529; la-z-boy.com.
- 17 **Hang bracelets, watches, and anything else** on this little guy. Gold poly coral, \$20; jamalgarden.com.
- 18 **These boxes only look like the classics:** You can stash stuff in 'em! Two-stack book boxes, \$44; wisteria.com.
- 19 **No fireplace?** Mount this cool sculpture over a dresser or shelf. Capiz Shell metal wall art, \$69; homedecorators.com.

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\$199.99

1 DREAM ROOM

19 REAL IDEAS



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